



CLINICAL HYDRATION SOLUTIONS FOR EVERY OCCASION







GATORADE®
Thirst Quencher




GATORADE
GATORLYTE®




GATORADE®
Hydration Booster




GATORADE®
Hydration Booster Zero Sugar



GATORADE
GATORLYTE® Zero



GATORADE®
G Zero



GATORADE™
Water

<p>READY TO DRINK</p> <p>140 36 270 80 CALORIES* CARBS (G)* SODIUM (MG)* POTASSIUM (MG)*</p>	<p>READY TO DRINK</p> <p>60 14 490 350 CALORIES* CARBS (G)* SODIUM (MG)* POTASSIUM (MG)*</p>	<p>30 8 CALORIES* CARBS (G)*</p>	<p>10 2 CALORIES* CARBS (G)*</p>	<p>10 3 CALORIES* CARBS (G)*</p>	<p>READY TO DRINK</p> <p>10 1 270 80 CALORIES* CARBS (G)* SODIUM (MG)* POTASSIUM (MG)*</p>	<p>0 0 CALORIES* CARBS (G)*</p>
<p>POWDER</p> <p>130 33 230 70 CALORIES* CARBS (G)* SODIUM (MG)* POTASSIUM (MG)*</p>	<p>POWDER</p> <p>45 12 420 300 CALORIES* CARBS (G)* SODIUM (MG)* POTASSIUM (MG)*</p>	<p>300 100 SODIUM (MG)* POTASSIUM (MG)*</p>	<p>280 70 SODIUM (MG)* POTASSIUM (MG)*</p>	<p>490 350 SODIUM (MG)* POTASSIUM (MG)*</p>	<p>POWDER</p> <p>5 2 230 70 CALORIES* CARBS (G)* SODIUM (MG)* POTASSIUM (MG)*</p>	<p>17.75 0 SODIUM (MG)* POTASSIUM (MG)*</p>
<p>BENEFITS</p> <ul style="list-style-type: none">▶ A 6% carbohydrate beverage to support rapid energy delivery and efficient fluid absorption▶ Electrolytes to help replace what you lose when ill, including fever, vomiting and diarrhea▶ Supports optimal hydration and fluid balance▶ Carbs to support energy and blood glucose regulation▶ Gatorade-level electrolytes to rehydrate and replenish	<p>BENEFITS</p> <ul style="list-style-type: none">▶ A 3% carbohydrate beverage scientifically formulated for rapid rehydration▶ Specialized 5-electrolyte blend to help quickly replace fluids and electrolytes lost when ill, including fever, vomiting and diarrhea▶ Contains lower sugar (60% lower than leading sports drink) and no artificial sweeteners or flavors	<p>BENEFITS</p> <ul style="list-style-type: none">▶ Specifically created to be an all-day hydration solution▶ Developed with an advanced blend of electrolytes from watermelon and sea salt▶ Contains essential vitamins A/B3/B5/B6/C▶ Lower sugar, calories and sodium▶ No artificial sweeteners, flavors or added colors	<p>BENEFITS</p> <ul style="list-style-type: none">▶ Zero sugar, all-day hydration▶ Advanced blend of electrolytes from watermelon juice, sea salt, sodium citrate and potassium salt▶ Contains essential vitamins A/B3/B5/B6/C▶ No artificial sweeteners, flavors or added colors	<p>BENEFITS</p> <ul style="list-style-type: none">▶ Zero sugar beverage, scientifically formulated for rapid rehydration▶ Specialized 5-electrolyte blend to help quickly replace fluids and electrolytes lost when ill, including fever, vomiting and diarrhea▶ Made with no artificial sweeteners or flavors	<p>BENEFITS</p> <ul style="list-style-type: none">▶ Zero sugar hydration▶ Helps maintain hydration and fluid balance▶ Gatorade-level electrolyte blend to help replace what you lose when ill, including fever, vomiting and diarrhea	<p>BENEFITS</p> <ul style="list-style-type: none">▶ Unflavored water infused with electrolytes for great taste to encourage consistent fluid intake▶ Alkaline (pH of 7.5 or higher)▶ Filtered with a 7-step enhanced filtration process▶ Supports all-day hydration

Gatorade Thirst Quencher / G ZERO: Gatorade products meet (2007) ACSM fluid replacement beverage guidelines for potassium (2-5 mEq/L), sodium (20-30 mEq/L). Baker LB & AE Jeukendrup, (2014) Optimal composition of fluid-replacement beverages. *Compr Physiol*. 4(2):575-620.
*20-oz serving size. May vary slightly by flavor.
All products and claims formulated based on FDA guidelines.

